

# What's Happening at Bluffton Presbyterian Church

Growing in Faith • Sharing God's Love

#### WORSHIP SCHEDULE

#### Sunday, October 3 – World Communion Sunday, 3 Cents a Meal Offering

Liturgist: Carole Enneking Special Music: Tanya Best Sound: Mike Rhonemus / Camera: Tenna Rhonemus Slides: Julia Szabo Acolytes: Clara and Owen Greeters: Jade and Tyler Hochstetler

#### Sunday, October 10 – Legacy Stewardship Series Begins, Little Free Pantry Offering

Liturgist: Diane Winebar Special Music: Lori Schmidt Sound: Bob Hursh / Camera: Tammie Hursh Slides: Winebars Acolyte: Avery Greeters: Tanya Best and Darlene Hey

#### Sunday, October 17

Liturgist: Dick McGarrity Special Music: Julia Szabo Sound: Ryan Brauen / Camera: Clair Winebar Slides: Talavinias Acolytes: Bowen and Avery Greeters: Talavinia Family

#### Sunday, October 24

Liturgist: Don Brauen Special Music: Women's Ensemble Sound: Jeff Gillen / Camera: Julia Szabo Slides: Cathy Carroll Acolytes: Clara and Owen Greeters: McVetta Family

#### Sunday, October 31 – Reformation Sunday Lessons and Carols

Liturgist: Jade Hochstetler Special Music: Don Brauen Sound: Jeff Gillen / Camera: Clair Winebar Slides: Julia Szabo Acolytes: Paige and Morgan Greeters: Craig Bowman and Rob McGarrity

# Mark Your Calendars!

Sundays: Worship 10:15 AM\*; Faith Formation for All Ages: 9:00 to 10:00 AM Tuesdays: Claralice Circle 6:30 to 8:00 PM Wednesdays: Exploring Bible Basics 1:00 to 2:00 PM

- Oct 2 Blessing of the Animals 10:00 AM to Noon
- Oct 6 Mission Committee 7:30 PM

**OCTOBER 2021** 

- Oct 9 Lima Rescue Mission 4:30 PM
  Oct 10 Ice Cream Fellowship Outing in
- Pandora (The Rustic Cow)
- Oct 13 Deacons 6:30 PM
- $\blacktriangleright \quad \text{Oct } 14 \text{Session } 7:00 \text{ PM}$
- Oct 16 Communion Training for Ruling Elders 9:00 AM to 4:00 PM
- Oct 17 Faithline (for Bluffton youth) 6:30 to 8:00 PM
- Oct 20 Worship Committee 6:30 PM
- > Oct 24 Newsletter Items Deadline to Cindy
- Oct 29 Deadline to register for MVP Rekindle Youth Retreat
- Nov 6 Mental Health First Aid Training 9:00 AM to 5:00 PM
- Nov 7 Daylight Savings Time Begins Remember to move clocks back one hour before you go to bed Saturday night.

Livestream worship is available online on our <u>Facebook page</u> and later posted to our <u>website</u>.

\*Worship Protocols as of 8/16/21: Due to local spread of the Delta variant of COVID-19 and in accordance with CDC recommendations, the church is requiring that masks be worn for indoor worship services and other indoor gatherings, regardless of vaccination status. Please feel free to share any questions or concerns with any elder on session or Pastor Karol. We thank you for your cooperation in caring for one another in this way.

# **PASTOR'S LETTER:**

Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you. -1 Peter 3:15

#### What does communion mean to you?

We do it (on average) once a month: we come forward to dip bread in a cup, or more usually (especially recently with pandemic protocols in mind), we receive the bread and the cup in the pews. But what does it mean? Why do we do it? Is it a tiny snack, to hold you over until Sunday brunch? Is it just something you've always done without every exploring why? Or: Is it a commemoration of Christ and all that his life, death, and resurrection mean for us? Is it a deepening of our relationship with God? Is it a celebration of the universal body of Christ?

#### What does communion mean to you?

I hope that after worship the past few weeks and a lifetime of partaking in this sacrament regularly, you will be equipped to answer this question for yourself when it is asked of you. When you have <u>your</u> answer to the question, I'd love to hear from you!

Please join us for a special celebration of World Communion Sunday on October 3, when we will celebrate this holy sacrament with Christians all around the world. Imagine if – no, when – we will all be in one place, worshipping God together at a grand feast! Until then, we gather in our scattered groups, working as much as we can for unity and reconciliation among the body of Christ, the church universal. May we re-member the body of Christ not just in worship, but in the way we live the whole of our lives.

In Christ,

Pastor Karol





P.S. If you're feeling called to explore these questions more deeply, all ruling elders are invited to attend a Presbytery-wide event here in our BPC sanctuary on **Saturday, October 16** from 9:00 AM to 4:00 PM. Rev. Bob Butcher (who recently moved to Bluffton) is offering **Communion Training for Ruling Elders** who would like to be authorized for the sacrament in their home church. \$10 registration includes lunch (orders will be taken upon arrival). Contact Pastor Karol with questions, or call the presbytery office to register <u>by Oct 7</u>.

#### **Exploring Bible Basics – Bible Study Series**

Have you often wondered how the Bible came to be? What's in it? When was it written? And why? We'll explore these questions and more in a weekly Bible study this fall on Wednesdays from 1:00 to 2:00 PM. We'll plan to meet in the gazebo, and if inclement weather, move inside the church building. Questions? Contact Pastor Karol.

#### **Reformation Sunday Lessons and Carols**

October 31 is Reformation Sunday, a day when we celebrate how the church has grown and changed as it seeks to be Christ's body on earth. This church we know and love today did not come about by accident. We stand on the shoulders of countless generations who have sought to love and serve God, interpret the scriptures, and work out their faith in their particular day and time. Our worship service this Sunday will draw on a unique format recently crafted by the Rev. Carol Holbrook Prickett that is similar to the Lessons and Carols tradition often shared at Christmas Eve.

If you would like to be a reader/participant in this service, please contact Pastor Karol by October 17.

# LEGACY STEWARDSHIP SERIES

Sundays from October 10 – November 7

During October we will begin exploring how the gifts we give to the church build a future that we may never even experience. We will examine how faithfulness has been expressed through the ages and how our faithfulness may be perceived and remembered in the future. On November 7 we will turn in cards expressing our intention to give gifts to the church in 2022. As we take this journey together, please contact any member of the Stewardship Committee (Julia Szabo, George Stultz, Craig Bowman, Clair Winebar, Barbara Fett, Dick McGarrity) or Pastor Karol if you have any questions.

### HIGHLIGHTS OF SEPTEMBER SESSION MEETING



- Month of August Pastoral Care: 5 visits/in-• person conversations; 8 phone calls; 12 greeting cards sent; numerous texts and emails. Congregational Activities: Worship; working with Communications Coordinator, Faith Formation Intern meeting, vacation, Laura and Greg Elwood Wedding Renewal Ceremony, Bible Study, and committee meetings. **Community Engagement Activities: Bluffton** Community Preschool Board Meeting, BAMA Meeting, MMH Worship Service (Jayne McGarrity - pianist and Deacon Chris Hochstetler served Communion), home Communion served to one, and Bluffton University Chapel-Ministry Fair. **Presbytery/Greater Church Activities:** New Pastors' Group Zoom, Boundary Training Planning Meeting Zoom, and MVP Leaders Space for Grace Zoom.
- Community Meal "to go" served 60 meals on Thursday, August 19 with remaining food delivered to seniors in church family. Six volunteers did prep work on Wednesday night and four volunteers helped serve. \$264 donated by those receiving meals, given to Bluffton Community Assistance.

- Approved "Recognizing that Allen County is classified as red high Covid transmission rate, and both the Center of Disease Control and Allen County Board of Health recommend masks for all indoor events, Session approved that starting Monday, August 16, masks are required for all indoor worship and indoor gatherings".
  Approved for Jazzercise to meet on church lawn on three Saturday mornings in September.
  Approved request from Dick McGarrity to allow Chess group to meet in church basement weekly (3:30-5:30 PM weekdays) beginning at a date yet to be determined.
- Leak in furnace room in church basement due to clogged drainage line from air conditioner. Tom shared information on a potential addition north of Sunset Drive. Gazebo – landscaping should be done soon. Dick and Diane volunteered to water regularly. Moisture spot on church basement ceiling with mold/mildew (years ago happened because of condensation from AC running in sanctuary and heat/moisture difference in basement). Lynda has treated the area and will paint with Kilz and monitor to see if it returns. Agreed to increase church lawn mowing by \$5 to \$40 per mow.
- Faith Formation activities resumed Sunday, September 12: Adult Sunday School - Sundays at 9:00 AM in the preschool room (Leader George Stultz), Older Youth Sunday School (NEW) – Sundays at 9:00 AM in the fellowship hall (Leader Adam Shanaman), Younger Youth Sunday School - Sundays at 9:00 AM in various locations (Leader Sarah Brauen). Children's Church - Sundays during worship after Time for Young Christians (Leaders - Kori Phipps, Shawna Anderson, Dick McGarrity), Claralice Small Group - Tuesdays at 6:30 PM in the church basement. (Leaders - Diane Winebar, Jayne McGarrity), Exploring Bible Basics Bible Study – Wednesdays at 1:00 PM in the Gazebo. (Leader Pastor Karol). GIFT (Growing in Faith Together – Youth Group) begins September 12 – participating in Faithline at Methodist Church. Planning to have one activity a month at our church and participate in Faithline as second activity.

- Clean Up Buckets six buckets were assembled on August 29; donations of items and \$200 covered the costs – delivered to Ottawa for Church World Service. Season of Peace-September 5 – October 3 is this year's PCUSA mission promotion leading up to the Peace & Global Witness Offering.
- Treasurer (Julia) designed and sent 2021 year-. end giving postcards to BPC members and friends. Annual church and manse utility contracts were reviewed and prices are trending higher. Natural gas: Manse - Contracted with a different supplier for one-year fixed rate of \$3.60 per MCF through August 2022. Church -Contracted with a different supplier for two-year fixed rate of \$3.50 per MCF through August 2023. Electricity: Manse - Decided to stay on Allen County aggregation program. Church -AEP Ohio charges based on on-peak and offpeak rates. No changes for Internet and landline. Employer retention tax credit: Pandemic relief legislation provides a tax credit covering up to 50% of qualifying non-clergy wages for 2020 and 70% for 2021. BPC does not qualify for the credit for 2020 or for the first quarter of 2021. BPC does qualify for the credit for the second quarter of 2021, but only on the portion of second quarter wages that will not be utilized for Paycheck Protection Plan loan forgiveness. The amount of the benefit for second quarter is therefore not yet determined; a rough estimate is \$2,500 to \$3,000. The IRS is backlogged so it takes up to a year or so to receive the credit after an employer files for it, and we cannot file until we first file for the second round of paycheck protection loan forgiveness (Citizens Bank is not yet accepting forgiveness applications). We will not know whether BPC qualifies for the credit for the third and/or fourth quarters of 2021 until after the quarters have ended.

"Back-to-Church" invitation post cards sent encouraging members/friends who have not attended worship in recent months. For the September and October celebrations of Communion, the Great Prayer of Thanksgiving will be a sung version offered by Pastor Karol and the song leader(s).



#### DEACONS

- Home Communion served to one member on Tuesday, September 7.
- Communion prepared and served for approximately 30 at the Mennonite Memorial Home on Tuesday, September 7.
- Discussion on prepackaged Communion cups/wafers.
- Agreed to get four more gas cards to be available to be given to members in need.
- Looking into serving Communion at Maple Crest on October 3 (World Communion Day).
- Reviewed Deacon Care Lists to ensure all members are covered.

# WORSHIP COMMITTEE

Here are the names of BPC's dedicated audio/visual techs after recent personnel changes. We appreciate your commitment! **Audio:** Ryan Brauen, Jeff Gillen, Bob Hursh, Mike Rhonemus. **Camera:** Tammie Hursh, Tenna Rhonemus, Julia Szabo, Clair Winebar. **Slides:** Cathy Carroll, Julia Szabo, Michelle Talavinia, Diane Winebar.

When our wonderful choir is able to resume, its members will find freshly cleaned choir robes and stoles ready and waiting for them.

Bring your pets – or a photo of them – to our Blessing of the Animals Saturday, October 2! Or just come to meet some adorable animals! See the schedule of events later in this newsletter.

#### **FAITH FORMATION**

- Adult Sunday School Sundays at 9:00 AM in the Education Building (Leader George Stultz).
- Younger Youth Sunday School Sundays at 9:00 AM in various locations (Leader Sarah Brauen).
- Older Youth Sunday School Sundays at 9:00 AM in the fellowship hall (Leader - Adam Shanaman)
- Children's Church Sundays during worship; after Time for Young Christians (Leader - Dick McGarrity)
- Claralice Circle Small Group Tuesdays at 6:30 PM in the basement (Leaders Diane Winebar and Jayne McGarrity).

# YOUNGER YOUTH SUNDAY SCHOOL

Storybook Walks: 7-week Sunday School Series For kids up to 6th grade – Started 9/12, ends 10/24



Will be held outside at a different location each week (Buckeye Park, Motter Park, etc.). We will provide breakfast and go on a story walk before heading up for 10:15 AM church service. Casual clothes required :) Contact Sarah Brauen for detailed information and carpooling (we pick up from home and transport to the church as needed).

# **YOUTH GROUP – G.I.F.T**

Faithline will be held on October 17 at 6:30 PM. We will meet at BPC around 6:20 PM and then head over to FUMC together. G.I.F.T. will also have a game night with Bible study in October, date to be announced. Any questions contact Adam Shanaman.

# PASTOR APPRECIATION MONTH

October is Pastor Appreciation Month. If you wish to send Pastor Karol a card, please send to the church or to the manse.

Bluffton Presbyterian Church 112 N. Main St. P.O. Box 149 Bluffton, OH 45817

The church family thanks Pastor Karol for her faithful leadership with us! The last 18 months have been challenging for all of us. We thank Pastor Karol for her willingness to explore new ideas during these times. God Bless You as we continue to minister with you.

Bluffton Presbyterian Church

# MISSION



#### Join the Mission Committee!

Monthly meetings are held the first Wednesday of the month at 7:30 PM in the church fellowship hall. Contact Carole Enneking for more information.

#### **Little Free Pantry**

If you would like to donate to the food pantry this month, protein items are best. Small cans of beef stew and chicken a la king, canned chicken (10 oz.), canned tuna (5 oz.), and peanut butter are excellent choices.

October Pantry Stocker Schedule October 4-10 – Sue Van Eman October 11-17 – Diane Winebar October 18-24 – Sarah Brauen October 25-31 – Pastor Karol

#### Lima Rescue Mission Pizza Night

Thanks to all who continue to support Pizza Night at Lima Rescue Mission. The Hursh's served again on September 11. Next pizza night is October 9, and the Gillen's and Carroll's are serving.

We could use some chips, water, candy, Pepsi, and plates. We are also looking for 2 volunteers to help serve on November 13. If anyone is interested to serve or contribute, please contact Bob Hursh or the Mission Committee. Thanks again!

Water and snack donations are due in the church kitchen by the Friday before each meal. If you donate money, please submit a check (memo: LRM) to the church office or give online by the Wednesday before. The Lima Rescue Mission is a faith-based organization that has been helping men in the Lima area since 1906.

#### Peace and Global Witness PCUSA Offering



Please consider supporting this denominational offering. The local 25% portion will support the mission work of Ian and Jhan Vellenga with the Council of Protestant Churches in Nicaragua (CEPAD). Gifts to the Peace & Global Witness Offering can be made any time until October 15 by check or online. Visit <u>www.blufftonpc.org</u> Giving Page to make an online gift, leave a check in the offering plate or in the church office. If you wish to donate directly to the Vellenga's work, visit https://www.presbyterianmission.org/donate/E200391/

#### pcusa.org/ian-and-jhan-vellenga



Judy Burnett of Preston Hollow Presbyterian Church, Dallas TX participated in a PCUSA trip to Nicaragua. "CEPAD is an organization that "gets it right!" It focuses on the needs of the people of these impoverished villages by teaching them how to help themselves. And it garners support from people like you and me by sponsoring delegations to not just observe, but actually experience poverty face to face as honored guests in their homes. We saw first-hand and through the eyes of our hosts, the good work that CEPAD initiates, and we witnessed the permanency of its programs that greatly improve the quality of their lives. Our experience inspired us upon our return home, to encourage the members of our church to continue to support this valuable mission, not only with financial assistance, but with emotional support as well, by sending others to build on the relationships that have been established." To learn more about CEPAD in Nicaragua, visit https://cepadnica.org/programs/.



#### Let's Help our Neighbors

Sign up for this free training hosted by the mission committee on **Saturday, November 6**, 9:00 AM to 5:00 PM (with a break for lunch). Mental Health First Aid training teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders. This in-person training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. The program will be provided by PASS (Prevention Awareness Support Services-formerly PVFF). To register (no cost), email <u>ddickman@passaah.org</u> or watch for details through the church.

- Nearly 1 in 5 U.S. adults lives with a Mental Illness.
- On average 123 people die by suicide each day.
- From 1999 to 2016 630,000 people died from drug overdose.

BPC Blessing of the Animals is back! Saturday, October 2, 2021

- 10:00 AM to Noon Meet & Greet Animals from Humane Society & SPCA of Hancock County; giveaways from local pet stores
- 11:00 AM Blessing of the Animals Service (~ 20 min)

• 11:30 AM special giveaway drawing winner Cats, dogs, and others welcome – all animals must be leashed or crated. A pet picture may be brought if preferred. Local shelters will bring some animals in need of homes (adoption fees apply and may require a follow-up visit to the shelter). Contact Pastor Karol or the Worship Committee with questions.



#### **Prayers of Sympathy for:**

Family and friends of Wes King (band director at University of Findlay) whose mother was killed in the recent shooting at Kroger's in Collierville, Tennessee.

Family of Mary Whitehurst (Mike Kaple's aunt) who died from COVID-19.

Family and friends of Bill Fayne, local teacher and coach.

#### **Prayers of Healing for:**

Gayle Marshall Yuji (son of Greg and Laura Elwood) Sue Mathewson Roger Brodman Maranda Bailey (friends in congregation) Elkin (great nephew of Lynda Best) Linda Francies (Bev Begg's daughter) Judy Sergent (Gayle Marshall's friend) Donnas Stone Owen Ziessler Dwight "Nick" Nichols Carolyn (Lin Rumer's friend) Olivia and Michael Ferguson (friends of Jade Hochstetler) Nancy Heskett (Lori Schmidt's sister) Brecken (Shawna Anderson's son) Kelly (friend of Annessa Samsal & Mariah Pneuman)

#### **Prayers for:**

Those who live alone or in care facilities and are less able to engage in meaningful connections with others, including Jane Benroth, Marilyn Bullock, Sheila Hurlburt, Peggy Hursey, Ralph and Donnie Middleton, Sally Reeder, Hazel Rodabaugh, Dortha Radabaugh, Jeanette Warren, and Owen and Kay Ziessler.

Members and friends serving in the armed forces. The people of Afghanistan during a tense time of transition and unrest.

Victims of natural disasters, including the people of Louisiana and the Northeast following Hurricane Ida.

Victims of violence in our country and around the world.

All who have been affected by the COVID-19 virus.

#### **BPC Prayer Chain**

If you have a prayer request, please contact Craig Bowman. PLEASE leave a message if no answer. Or call the church office with your prayer request, and we will pass along the information. If you would like to add someone else to the prayer chain, please be sure to get their permission first. Names and circumstances can be kept confidential, if desired. God knows for whom we pray. If you would like to be part of the chain or would like more information, please contact Craig or another deacon.



# Birthdays

Oct

- 5 Rob McGarrity
- 7 Anne McCracken
- 8 Phil Weisenbarger
- 9 James Freidenberg
- 10 Mariah Pneuman
- 13 Cassie Taber
- 15 Terry Mullenhour
- 18 Amanda Leugers
- 20 Don Carroll
- 21 Bowen Hochstetler
- 23 Ingo Montgomery
- 30 Tanya Best
- Tayler Nowak-Valentine Phill Talavinia
- Nov 2 Molly McCracken Julia Szabo

# Anniversaries

Oct 20 Kevin and Jana McVetta

#### **FELLOWSHIP**

Join us on Sunday, October 10 between 3- 4 PM for an Ice Cream Fellowship Outing in Pandora!

Anyone who is interested may join us at The Rustic Cow (417 E Washington St, Pandora, OH – formerly Doug & Edna's) to enjoy a sweet treat and visit with your old and new BPC friends! If weather interferes, we will postpone to the following Sunday. Any questions? Contact Marilyn Edwards (Fellowship Chair) or Pastor Karol.



# VOLUNTEER OPPORTUNITIES AT MHCO FACILITIES

Mennonite Home Communities of Ohio offers the following volunteer opportunities at MHCO: Mennonite Memorial Home, Willow Ridge, Hilty Home, and Maple Crest.

Persons interested in volunteering may contact Chris Moser at <u>cmoser@mhcoliving.org</u> or 419-358-1015 extension 263.

#### **Mennonite Memorial Home**

\*\*\*Greatest Need\*\*\*: Medical Transport drivers: (Licensed driver to take residents to Bluffton, Lima, Findlay doctors' appointments)

• Volunteer drivers help take residents to appointments during the week using the MHCO handicap accessible van or 15 -passenger bus.

Bluffton shopping Assistant: (Tuesday at 9:00 am)

• Help elders shop for items they need for the week. Volunteers will help a few residents pick out needed items. Local trip usually takes a couple hours and makes 2-3 stops depending on interest of elders.

Inside activities to support residents:

- Welcome and screen guests. Support guest visitation of residents 5:00 7:00 pm
- Assist elders to select meal plan option for the week. 11:30 am
- Lead Worship Tuesday evening at 6:30 pm
- Help transport elders by wheelchair to appointments for internal clinics
- Pass out water @ 2:30 pm

Outside work:

- Power wash chairs and other items as needed
- Weeding/Cleaning help with yardwork

#### Willow Ridge

Inside activities:

- Play piano and or other instrument for elders Outside work:
- Weeding/cleaning help with yardwork
- Fill bird feeders weekly

#### **Hilty Home**

Inside activities:

- Help take elders to appointments for internal clinics and haircuts
- Play piano and or other instrument for elders Outside work:
- Power wash chairs and other items as needed
- Weeding/Cleaning help with yardwork
- Stain Gazebo

#### **Maple Crest**

Inside activities:

• Bible Study Leader: 2nd and 4th Wednesday of the month in person at 3:00 PM:

October

December

Outside work:

• Weeding/cleaning - help with yardwork



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Bluffton Presbyterian Church,

Bath Elementary School would like to thank you for your generous donation of school supplies! We appreciate your donations very much! The supplies helped us create book bags filled with supplies which we delivered to our children in need. Thanks again for supporting our families and staff. You are very kind.

Bath Elementary School

#### Dear Pastor Karol and BPC:

Thank you very much for allowing the Bluffton Scrap Artist Quilters to have their meeting in the church basement. With our thanks we have sent a gift.

# **BABY SHOWER OPEN HOUSE**

A Baby Shower Open House for the church family to share our love and support with Karol and Chris Schilling is being planned!! More information to come later!!



# Blessings Flow

Pamela Graf Short, author Gwen M. Stamm, illustrator

A Christmas Gift for Children of All Ages

Who is on your shopping list?

- Kids who need encouragement?
- Friends who need comfort?
- A grandparent who needs a smile?
- A neighbor you would like to surprise?
- A child who never owned a book?

Fill your shopping bag with Blessings!

Here is what readers are saying about *Blessings Flow*...

"...a feast for the eyes, a feast for the mind, a feast for the soul." Sr. Sharon Havalak

"The Blessings Flow book is a work of art, both in words and illustrations.

The colors are bright and playful and frame the names for God in such a meaningful way." Betty Schrag

"The wonderful original art explores so vibrantly the many blessings that a gracious, hopeful, and healing God of love brings forth." Valerie Schrock

"What a work of genius! The spirit of the text and the spirit of your artistic touches are a perfect blend." Leonard Gross

Available in both hardcover and paperback. For a sneak preview and several buying options visit <u>www.blessingsflow.art</u>

Prefer to purchase directly from the author or illustrator? Send your order to: blessingsflow2021@gmail.com

#### May our God who came as a child gift you with Grace, Wonder and Peace

(Note: Pamela Short, author of *Blessings Flow*, is a retired minister in Maumee Valley Presbytery.)



UPCOMING SUPPORT GROUPS



MANAGING ANXIETY AND DEPRESSION 6 Week Women's Group -\$130 Thursdays, Oct. 7 to Nov. 11, 6:00 to 8:00 PM 2963 Blue Jacket Ct. Lima 45806 Anxiety and depression often

hold many women captive. God has provided practical skills to help us avoid the painful bondage of these emotions and thoughts. This group will process through discussion, experience and practical application on how to:

- *Recognize triggers and minimize escalated emotions*
- *Apply healthy calming techniques and coping strategies*
- Keep thoughts from ruling emotion and action
- Be aware of hindrances to the peace God offers, how to rediscover it, and live in it



KIDS CONQUERING ANXIETY 6 Week Group - \$100 Tuesdays, Oct. 5 to Nov. 9 5:00 to 6:00 PM Blue Jacket Ct. Lima 45806

This group is for children ages 2nd - 4th grade who struggle with anxious feelings and thoughts. The good news is that they are not alone and there are numerous hands-on, practical, creative ways to help them combat these thoughts and emotions in healthy ways! Cornerstone will seek to equip them with tools to grow their confidence and resiliency as they work to conquer their anxiety! Children will learn:

- What happens before, during, and after an anxious experience
- How anxiety affects their body and thoughts
- *How to identify "ThoughtHoles" (distortions in thinking)*
- How to combat anxiety using the FARR method (Freeze, Adjust, Recognize, Resolve)
- To utilize coping skills such as breathing exercises, mindfulness, thought redirection Click Here to Register for Either Group!



# AUGUST 2021 FINANCIAL REPORT

#### **General Fund Budgeted Items**

Balance January 1, 2021	\$
Receipts thru August 31	
Transfer of special receipts received	
in 2020 to 2021 budgeted items	
Expenses thru August 31	
Balance August 31, 2021	\$

Thank you for financially supporting the church's budget.

# MILESTONE CHURCH EMPLOYEE RECOGNITION

Our church family has been blessed by having several long time employees which we recognized on Sunday, September 12 during worship.

- Admin Assistant Cathy Carroll 26 years
- Choir Director Linda Sycks 20 years
- Organist Jayne McGarrity 18 years

We appreciate their gifts, creativity, and faithful dedication to our church! In the future we will recognize church employees reaching 10 year - 20 year - 30 year milestones.

### BLUFFTON COMMUNITY PRESCHOOL FUNDRAISER

Epicure Seasonings Box \$25 Orders and Payment Due Oct 7 See Pastor Karol (Preschool Board Member)

Meals that Matter: With every Weeknight Dinner collection you purchase, \$10 will be contributed to the fundraiser.

The Weeknight Dinners includes:

- A. Taco Seasoning
- B. Sweet & Sour Stir-Fry Seasoning
- C. Pulled Chicken Seasoning
- D. Southern Baked Gluten Free Crumb Mix
- E. Mac & Cheese Seasoning

#### F. Chocolate Instant Pudding Mix

#### **VOLUNTEER WALKERS NEEDED**

Would you like to help first and third graders attend a class or two in the Bluffton Weekday Christian Education on **Tuesday, October 12**?

We need one person for each of these shifts: 8:20-8:50, 10:05-10:35, 10:45-11:15, 11:45-12:15, 1:15-1:45, 1:50-2:20, 2:25-2:55.

Your mission would be to pick up the kids at their classroom, help them to safely cross Jackson Street and deliver them to a classroom at First Mennonite Church. You would sit with the kids during their lesson and then return them to their classrooms. The curriculum has been approved by 17 area churches; the program is supported by the school. We will observe all school protocols with respect to Covid-19.

I have been doing this for several years and find it very satisfying. If you think you may be interested, please contact me for more information. Thanks, Dick McGarrity, Faith Formation Chair

# **CVS GUARDIAN INFORMATION**

CVS Guardian Volunteer Andrew Carey explains that the purpose of a guardian is "to help out someone who can't do some things for themselves, and to make sure that their life and living conditions are as good as possible." Volunteers don't deal with finances, but focus on advocating for their protected person's quality of life, and ensuring their safety and dignity.

Court-sworn guardians of the person are needed to make decisions related to social services, housing and healthcare for individuals unable to make those decisions solely by themselves. Learn more not only about guardianship, but also the workings of our volunteer program: Tuesday, Sept. 28, from noon to 1:00 PM.

Reserve your spot on <u>http://www.eventbrite.com</u> (search "Lima Guardian") or call Crime Victim Services, 419-222-8666, 330 N. Elizabeth St., Lima. Contact: Elysia or Katie,

cvsguardian@crimevictimservices.org. You can also contact Katie Campbell directly at 419-204-4618 for more information or to schedule a one-onone session.

# **Blessing** of the Animals

# Sat. 10/2 BPC lawn

Pets must be leashed or crated. Bring a pet photo instead if you like.



#### 10 AM - Noon

Animal Meet & Greet Humane Society and SPCA of Hancock Co.

Giveaways from local pet stores

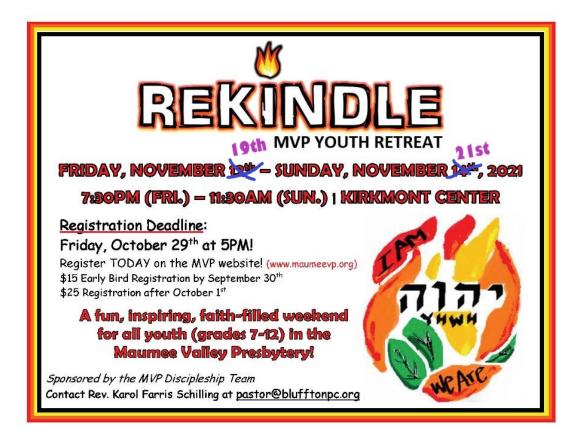
#### 11 AM

Blessing of the Animals service

(20 minutes)

11:30 AM

special giveaway drawing winner



# BLUFFTON PRESBYTERIAN CHURCH 112 N. MAIN ST., P.O. BOX 149 BLUFFTON, OH 45817

Faith Formation: 9:00 AM Sunday Worship: 10:15 AM

#### **OFFICE HOURS**

Pastor: Rev. Karol Farris Schilling Primary Workdays: Monday – Thursday (off Friday) Office Hours: Mon 3:00-5:00 PM; Tues & Wed 10:00 AM – Noon

Administrative Assistant: Cathy Carroll Office Hours: Tues & Thurs 8:30 AM – 12:30 PM

Treasurer: Julia Szabo

Communications Coordinator: Abigail Gwin

Faith Formation Intern: Adam Shanaman

Organists: Jayne McGarrity and Sue Van Eman Choir Director: Linda Sycks Children's Church Teachers: Kori Phipps and Shawna Anderson Custodian: Roger Brodman

# **2021 Church Officers**

Session

Clerk of Session – Lori Schmidt Buildings & Grounds – Lynda Best Faith Formation – Dick McGarrity Fellowship – Tom Edwards Finance & Stewardship – Clair Winebar Mission – Carole Enneking Nominating – Sarah Brauen and Tom Edwards Personnel – Lori Schmidt Worship – Diane Winebar Presbytery Commissioner – Lori Schmidt Members at Large - Sarah Brauen and Phill Talavinia *Board of Deacons* Moderator: Chris Hochstetler Assistant Moderator: Jana McVetta Members: Tanya Best, Craig Bowman, Rob McGarrity, Libby McVetta